

MAYOR'S PROCLAMATION DECLARING OCTOBER 21, 2025 AS UNPLUG TEXAS DAY IN THE CITY OF PFLUGERVILLE

WHEREAS, Unplug Texas Day was created by the Texas Recreation and Park Society (TRAPS) and adopted by the Texas Legislature during the 89th Texas Legislative Session; and

WHEREAS, Unplug Texas Day encourages residents to disconnect from digital devices and engage in outdoor play, recreation, and community activities offered by local parks and recreation agencies; and

WHEREAS, on average, Americans spend over seven hours per day in front of screens, contributing to rising rates of inactivity, poor mental health, and sleep disruption; and

WHEREAS, parks and recreation facilities such as trails, open spaces, pools, and recreation centers provide safe and accessible places for people of all ages to unplug, be active, and connect with nature and one another; and

WHEREAS, research shows that time spent outdoors improves mental clarity, reduces stress, increases physical activity, and fosters strong community bonds; and

WHEREAS, the City of Pflugerville values the vital role that parks and recreation plays in enhancing quality of life, health, and community connection; and

WHEREAS, the City encourages residents to participate in Unplug Texas Day by visiting local parks, engaging in screen-free play, and enjoying recreational activities with family, friends, and neighbors.

NOW THEREFORE, be it resolved that I, Victor Gonzales, Mayor of the City of Pflugerville, Texas, do hereby proclaim October 21st as UNPLUG TEXAS DAY in the City of Pflugerville. I encourage all residents to celebrate unplugging from technology and plugging into Pflugerville's abundant parks, trails and recreation opportunities.

| In | Witness Thereof, I cause the Official Seal of the |
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| Ci | ty of Pflugerville to be affixed this 14th day of |
| 0 | ctober 2025. |

Victor Gonzales, Mayor

Attest:

Trista Evans, City Secretary