



**MAYOR'S PROCLAMATION  
DECLARING AUGUST 9, 2025 AS  
GUD LIFE HOLISTIC WELLNESS DAY  
IN THE CITY OF PFLUGERVILLE**

**WHEREAS**, the Abundant LIFE Community Development Corporation (ALCDC) is a nonprofit organization committed to enhancing the well-being of Pflugerville residents through programs and services that promote health, economic stability, and community development; and

**WHEREAS**, the GUD LIFE Holistic Wellness Program represents an innovative, people-centered approach to healing and resilience, along with other services; and

**WHEREAS**, the program addresses the mental, physical, and spiritual well-being of entire families, with an emphasis on men of color, by meeting people through trusted relationships, culturally grounded support, and accessible care; and

**WHEREAS**, the GUD LIFE program is a strong example of community-level innovation, delivering wellness and mental health solutions in ways that are relevant, responsive, and rooted in genuine connection; and

**WHEREAS**, the goal of GUD LIFE is not only to serve individuals but to build whole-family wellness systems that can sustain transformation beyond a single event or service; and

**WHEREAS**, the Stronger Together Wellness Conference will be held on August 9, 2025, at 1006 Old Austin-Hutto Rd, Pflugerville, TX 78660, from 10:00 AM – 1:00 PM;

**NOW THEREFORE**, be it resolved that I, Victor Gonzales, Mayor of the City of Pflugerville, Texas, do hereby proclaim August 9th as GUD LIFE Holistic Wellness Day in the City of Pflugerville, and encourage all residents to join in celebrating family wellness, community empowerment, and the vital work of organizations uplifting our neighbors.

In Witness Whereof, I cause the Official Seal of the City of Pflugerville to be affixed this 9th day of August, 2025.

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Victor Gonzales, Mayor

Attest:

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Trista Evans, City Secretary