MAYOR'S PROCLAMATION DECLARING JUNE 2025 AS MEN'S MENTAL HEALTH AWARENESS MONTH IN THE CITY OF PFLUGERVILLE

WHEREAS, mental health conditions, including depression, anxiety, and substance use disorders, affect millions of men each year; and

WHEREAS, untreated mental health issues can lead to serious consequences including substance use, relationship problems, reduced work productivity, and suicide; and

WHEREAS, addressing men's mental health encourages open conversations, and promotes access to resources, education, and supportive services tailored to men's needs; and

WHEREAS, education and support systems can play a vital role in encouraging men to prioritize their mental health and seek help when needed; and

WHEREAS, initiatives such as Men's Mental Health Awareness Month are crucial steps toward raising awareness around men's mental health.

NOW THEREFORE, be it resolved that I, Victor Gonzales, Mayor of the City of Pflugerville, Texas, do hereby proclaim June as Men's Mental Health Awareness Month in the City of Pflugerville.

In Witness Thereof, I cause the Official Seal oday of June, 2025.	f the City of Pflugerville to be affixed this 24th
Victor Gonzales, Mayor	-
Attest:	

Trista Evans, City Secretary