



December 23, 2015

National Association of Chronic Disease Directors
Step It Up!: Action Institute to Increase Walking and Walkability
Attn: Karma Edwards
2200 Century Parkway, Suite 250
Atlanta, GA 30345

Dear Ms. Edwards:

The Capital Area Metropolitan Planning Organization's (CAMPO) region is a diverse region made up of urban, suburban, and rural landscapes. Active transportation initiatives such as walking and biking are evaluated and included in CAMPO's short and long-range planning activities. In a state where vehicles are the primary mode of transportation, a focus on walkability for public health, equity, environmental and transportation reasons, is important in sustaining the region's healthy growth and equitable development.

As an elected official, I am committed to serving on CAMPO's interdisciplinary team to pursue policy, systems, and environmental supports for walking and walkability in the region. I am further committed to collaborating with this team to accomplish the deliverables in the timeline set out by NACDD. I also commit to ongoing collaboration with this team to implement PSE action plan strategies in our region, and to working with NACDD to report on progress activities.

Increasing walkability and positive public health outcomes in this region is important for many reasons. I am excited to be part of CAMPO's interdisciplinary team to increase and enhance walkability in the region. It is through efforts like this that we hope to make the healthy choice, the easy choice.

Sincerely,

J. Michael Heath, P.E.
Pflugerville City Council, Place 5