

**MAYOR'S PROCLAMATION
DECLARING PFLUGERVILLE'S PARTICIPATION IN
THE HEALTHY AT H-E-B COMMUNITY CHALLENGE
SEPTEMBER 1-OCTOBER 31, 2012**

WHEREAS, the City of Pflugerville will participate in the Healthy at H-E-B Community Challenge, an initiative of "It's Time Texas" from September 1- October 31, 2012; and

WHEREAS, I, Mayor Jeff Coleman, have signed the H-E-B Community Challenge registration form and participated in a promotional video encouraging participation; and

WHEREAS, the city, school district and individuals can participate by registering online at <http://hebcommunitychallenge.com> and pledging to make healthy nutritional choices and establish regular exercise routines; and

WHEREAS, Pflugerville is now competing against other communities with a population from 0-100,000 to win the competition as a pfit and healthy city; and

WHEREAS, Pflugerville will host a Healthy Fitness Walk on October 20 in conjunction with the annual Pfall Chili Pfest and hosts an annual Deutschen Pfest 5K and Hot Shot Basketball Contest; and

WHEREAS, the Pflugerville Recreation Center provides fitness classes including zumba, karate and line dancing, and provides a walking track; and

WHEREAS, the city's parks, pools, Lake Pflugerville and more than 30 miles of trails allow for cycling, swimming, jogging and regular fitness activity; and

WHEREAS, the Pflugerville Community Library hosts a walking book club to combine exercise and reading; and

WHEREAS, to support nutritional choices the Pfarmers Market provides an opportunity to purchase homegrown fruits and vegetables and the Community Gardens provide residents an opportunity to grow produce; and

WHEREAS, Mayor Pro Tem Victor Gonzales will participate in the Texas Obesity Awareness Week Awards Ceremony on September 13 in support of individual, organizational and leadership actions promoting health;

NOW, THEREFORE, I, Jeff Coleman, Mayor of the City of Pflugerville, do hereby proclaim the official kick-off of Pflugerville's participation in the Healthy at H-E-B Community Challenge and encourage all residents of the City of Pflugerville to embrace fitness, commit to a fitness goal and to be Pflugerville Pfit.

In Witness Thereof, I cause the Official Seal of the City of Pflugerville to be affixed this 11th day of September 2012.

Jeff Coleman, Mayor